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Investigation on verbalizations and movements during a session of a child. Applications of David Liberman algorithm (DLA)

Clara R. Roitman (APA/UCES), Osvaldo Bodni (APA/UCES), Irene Cusien (APA/UCES), Cristina Falise (APA/UCES), Elsa Garzoli (APdeBA), David Maldavsky (UCES), Marilé Manson (APdeBA/UCES), Rosa Sloin de Berenstein (APdeBA/UCES), Cristina Tate de Stanley (APA/UCES) and Estela Tarrab (APA/UCES)

<u>I. Problem</u>: Is it possible to systematically infer libidinal and defensive meanings of child's movements (combined with verbalizations) during the session?

## II. Sample

When Christian's (7) psychotherapy began, he had severe eating restrictions and upsets of incontrollable rage in the school. He must have the TV on to get sleep. The first problems happened after a move, when he was less than two years old. At that time he started to talk repeating words that he listened in the TV and in some computerized games that were in his house. His older brother treated him with great violence. Christian responded with a passive attitude.

During the treatment, the boy had positive changes: the explosions of rage, often connected with the fact that he didn't get the food that he wanted, diminished. Also diminished the violence that he suffered in front of his brother. He didn't need the TV for going to sleep. Then, it was more evident his inability in all kind of movements, so the therapist recommended the complementary intervention of a psychomotricist.

A big part of the sessions was dedicated to the patient's eating problems. Christian linked them with narrations referred to world catastrophic scenes that included the invasion by aliens coming from other planets and galaxies. He also expressed changing anxieties concerning to his body, especially his mouth, the fall or grown of a teeth, for example. So he used to look at himself at the mirror with some terrified though that he couldn't express.

But the most appealing clinical fact was some brunch of movements that he repeated in other places: he kept seat in silence, a little bit reclined, with his arms holding himself, and his jaw held by his palms and/or his closes hand. He seemed absorted, staring to some uncertain image connected with the present situation. In this context happened the following sequence (at the beginning of the session).

### Sequence I

Christian went to the coach and lied extending his arms. He remained hypotonic, silent and absorbed for a while and finally he sat on the coach and smiling entered in contact with the therapist.

#### Sequence II

Spontaneously the patient narrated some achievements concerning his muscular capacities (he could run across mechanic stair in both directions). The therapist invited him to describe more extensively the scenes of his achievements. When narrating these scenes, Christian used his hands as revolvers. The therapist stressed his movements saying: "To whom you want to kill?". Laughing, the patient answered: "To my fears I killed them". The therapist

said that those achievements are accompanied by some yet unsolved problems.

# Sequence III

The patient said that he had acne, and showed a dot in his face. The therapist said that this dot was not acne but a little scar. Christian went to the mirror, opened his mouth and saw a grown teeth. Then referred to a bruise in his front, and showed it to the therapist. The therapist asked him when he hit, and the patient answered that some days before. The therapist said that it was nothing serious.

### Sequence IV

The patient took some toys (including little puppets, an ambulance and a tent with an acronym SAR). Seeing the group of toys, the patient began to display his typical rare conduct. He placed reclined, with his hands on his jaw, holding with the palms his head. Doing so, he referred briefly to the TV images of New Orleans invaded by the water after the hurricane, and the scenes of destruction. He asked for the meaning of SAR (written in the tent) and the therapist answered that perhaps it meant "Servicio de Asistencia y Rescate" (Assistance and Rescue Service). The patient remained almost silent seeing the scene displayed in front of him with the toys and continuously repeated his conduct: reclined, his hand holding his head.

#### III. Method

### **Erotogenicities**

IL Intrasomatic libido

O1 Primary oral

O2 Secondary oral sadistic
A1 Primary anal sadistic
A2 Secondary anal sadistic

UPH Urethral phallic GPH Genital phallic

### Defenses

	State			
Main	Successful	Failed	Both	
defense				
According				
to the goal,				
creativity				
and				
sublimation				
Repression				
Disavowal				
Foreclosure				
of the				
reality and				
the ideal				
Foreclosure				
of the affect				

Erotogenecities and defenses can de detected in scenes either narrated (Table I) or displayed while speaking (Table II) and/or acting. In order to detect erotogenicities while acting, another grid is available (Table III). Each movement can be understood including it into a movement program. Some movements express states and other ones (active or passive) correspond to actions. These ones can be prepatatories, consumatives or complementaries. Other

movements correspond to the efforts for dominate and coordinate specific apparatus (ocular coordination, walking, writing, etc.) to be conquisted by the patient. In order to analyze defenses, some sequences of steps are recommended (Table IV).

The research of clinical manifestations of children requires the use of various DLA's tools: 1) narration, 2) speech acts, 3) movements. Applying these instruments, it's possible to study libidinal fixations and defenses.

# IV. Analysis

Sequence VI contains the prototypical conduct of the patient, not easily understandable. But the three previous sequences allow us to infer some of its most important meanings. Sequence I showed the hypotonic initial state of the patient and his recovering of tonicity (when sitting on the coach and connecting with the therapist). The sequence of movements corresponds to IL, having euphoric outcomes. GPH has a complementary value. It is possible to detect a switch from dysphoric (lack of aesthetic harmony) to euphoric (recovering aesthetic harmony) states.

Sequence I

Sequence				
Eroticism	Manifestation	Defense	State	Function
	1. Hypotony and disconnection	Foreclosure of the affect	Failed	
IL	2. Recovery of tonicity and reconnection with the perceptual world	Creativity	Successful	Main
GPH	exhibition of an aesthetic disharmony	Repression	Failed	
	2. Recovering of aesthetic harmony	Creativity	Successful	Complementary

Sequence II combined verbal narration (A2) with dramatized (GPH) movements stressed by the therapist as expression of A1 wishes. The main scene displayed in session was a dramatization (GPH), and the narrated scene corresponds to A1 (conquest of alloplastic movements). A euphoric version of A1 appears either in narration level and in dramatized scene with the movements. The combination between narration and dramatized scenes with movements was a consequence of the insistence of the therapist asking Christian to describe his achievements. A2, having a euphoric result, prevailed in verbal speech acts, and GPH, equally with a euphoric result, predominated in patient's movements. The therapist stressed the relevance of the movements.

The patient gathered both acts (verbal and movements) when answering to her. In narration analysis a euphoric version of A1 was relevant.

Sequence II

Erogeneicities	Manifestation	Defense	State	Function				
Movements								
Acts meaning								
GPH	Dramatization	Creativity	Successful					
Dramatized sce	ene meaning							
A1	Revolver	Creativity	Successful					
<u>Narration</u>								
A1	Conquest of new capacities on alloplastic movements, thanks to the help of a giver, the psychomotricist Killing the fears	Creativity	Successful					
Speech acts								
A2	Narration of concrete situations	According to the goal	Successful	Main				
GPH	Verbal jokes	Creativity	Successful	Complementary				

In sequence III, on speech acts level O1 (hypochondriac reference) is combined with A2 (references to concrete situations) and with GPH (invitation to be seen by his therapist). GPH prevails. In movements level, O1 (being the object of observation) is combined with GPH (tendency to show). GPH prevails. In narration level, O1 (lost of the organization of the body) is combined with GPH (lack of aesthetic harmony). GPH prevails.

# Sequence III

Erotogenicity	Manifestation	Defense	State	Function			
Movements							
Acts meanings							
01	Being an	Disavowal	Failed	Complementary			
	object of						
	observation						
GPH	Dramatization	Repression	Failed	Main			
<b>Dramatized sce</b>	Dramatized scene meaning						
GPH	Exhibition of	Repression	Failed				
	an aesthetic						
	disharmony						
<u>Narration</u>							
01	Lost of the	Disavowal	Failed	Complementary			
	organic body						
	essence						
GPH	Lost of the	Repression	Failed	Main			

	aesthetic harmony			
Speech acts	riarriorry	<u> </u>		<u> </u>
01	Hypochondriac references	Disavowal	Failed	Complementary
A2	Narration of concrete situations	According to the goal	Successful	Complementary
GPH	Invitation to be seen	Repression	Failed	Main

In sequence IV, considering the speech acts level we can notice that the abbreviation (SAR) is the opposite of the display of narration and dramatization of sequence II. The acronym condensated scenes without display yet. To ask about the meaning of the abbreviation can be understood as an action tending to display what was condensed. In the sequence II, the insistence of the therapist on trying that Christian narrated certain episodes has the same value, and the patient displayed narrations and dramatizations. In the sequence IV the silence and quiet observation of the scene of the toys, connected with the references to the TV images of New Orleans, allow to infer another scene still condensated, without the corresponding display. In speech acts level, O1 (references to the TV scenes) is combined with A2 (references to the acronym). O1 prevails.

Narration level of analysis leads to a different conclusion. References to scenes of the city invaded by the water combine dysphoric versions of IL (intrusion), O1 (TV images), A1 (violence) and GPH (increasing sexual excitation and aesthetic disorder). O1 dysphoric scene prevails.

As his narration, Christian's movements expressed a catastrophic situation (like New Orleans disaster), combining dysphoric version of IL, O1, A1 and GPH, with the prevalence of O1. Simultaneously his movements contained a dramatization (GPH) and implied an increasing of his tonicity (IL), perhaps as a reaction against the risk of the reaparition of his hypotonic initial state. But being a defense against hypotony, his movements lead to an excessive increasing of his body tension. This act corresponds to an IL scene, in a dysphoric version.

In consequence, the strange group of movements appeared in sequence IV can be considered from two different perspectives: 1) as a display of a scene, 2) as a narration of it. As a display of a scene, those movements express a combination of 1) condensated scenes (GPH) lacking of display and manifested just as affects of horror and pleasure, 2) lack of the corresponding description of concrete situations (A2), 3) a procedure for maintaining or recovering tonic equilibrium (IL) but arriving to a dysphoric outcome and 4) the patient's position as an observer without participation (O1).

#### Sequence IV

Erotogenicity	Manifestation	Defense	State	Function		
Movements acts meanings						
IL	Producing	According to	Failed	Complementary		
	selftension	the goal				
01	Unpleasant	Disavowal	Failed	Complementary		

	observation without			
	participation			
A2	Lack of	Repression	Successful	Complementary
	description of			
	concrete			
	situations			
GPH	Dramatization	Repression	Failed	Main
Dramatized scen	es meanings			
IL	Intrusion	Foreclosure of the affect	Failed	Complementary
01	TV reality	Disavowal	Failed	Main
A1	Violence	Disavowal	Failed	Complementary
GPH	Increasing	Repression	Failed	Complementary
	sexual			
	excitation and			
	aesthetic			
	disorder			
<u>Narration</u>				
IL	Water	Foreclosure	Failed	Complementary
	intrusion	of the affect		
01	TV reality	Disavowal	Failed	Main
A1	Violence	Disavowal	Failed	Complementary
GPH	Increasing	Repression	Failed	Complementary
	sexual			
	excitation and			
	aesthetic			
	disorder			
Speech acts				
O1	References to	Disavowal	Successful	Main
	the TV			
A2	References to	Repression	Successful	Complementary
	the acronym			

#### V. Discussion

When patient's movements are dramatizations (sequence II, III and IV) they require to take into account two perspective: 1) the acts meaning, 2) the dramatized scene meaning. The first one is an equivalent of speech acts point of view. The second one is an equivalent of narration analysis. The movements of the patient can be understood in the context of 1) the exchange with his therapist, 2) its relationship with his narrations and speech acts. The movements had two values: 1) as displayed scenes, b) as condensated narrations. As displayed scenes they were dramatizations (GPH). It is possible to analyze two kind of dramatic movements of the patient corresponding to euphoric (successful creativity) or dysphoric scenes (failed repression). The movements also can be understood as a condensation of narrations. The movements corresponding to a GPH euphoric version narrated scenes of A1 combined with creativity. Those corresponding to a GPH dysphoric version (patient's prototypical movements) narrated scenes mainly corresponding to O1 (combined with failed disavowal) and IL (combined with failed foreclosure of the

affect). It's possible to notice the regression from A1 (sequence II) to O1 (sequence IV). Also it is possible to focus clinical transformations of certain defenses, like those accompanying GPH, from successful creativity to failed repression.

# VI. Conclusions

- 1. Child's movements during a psychotherapeutic session are an autonomous level of analysis, having its specific methodological problems, its transformations, etc., as an expression of libidinal fixations and defenses.
- 2. Researching the movements in child psychotherapy requires to take into account its connections with patient's narrations and speech acts and with therapist's interventions
- 3. Movements can be understood as an equivalent either of speech acts (displaying an specific scene when acting) and of a narration (describing simultaneously a different scene)
- 4. DLA method allows to microscopically research complex clinical manifestations

Table I. Scenes and erotogenicities

1 45.5 11 5 5 11 5 6	GENITAL	URETHRAL	SECONDARY	PRIMARY ANAL	SECONDARY	PRIMARY ORAL	INTRASOMATIC
EROTOGENICITY	PHALLIC	PHALLIC	ANAL SADISTIC	PRIMARY ANAL SADISTIC	ORAL SADISTIC	PRIMARY ORAL	LIBIDO
SCENE							
Initial state	Aesthetic harmony	Routine	Hierarchic order	Natural legal equilibrium	Paradise	Cognitive peace	Equilibrium OF tensions
First transformation = Awakening of desire	Desire for aesthetic completion	Ambitious desire	Desire to dominate an object in the frame of a public oath	Desire driven by thirst for justice	Temptation Expiation	Abstract cognitive desire	Speculative desire
Second transformation= Attempt to consummate desire	Reception of a Power OR Gift	Finding the mark of the father deep inside the object	Discerning that the object is faithful to corrupt subjects	Revenge	Sin Reparation	Access to a truth	Gain in pleasure through organic intrusion
Third transformation=Co nsequences of the	Pregnancy	Challenge of adventure	, and the second	Leadership formally recognized and	Forgiveness and loving recognition	genius	Organic euphoria
attempt to consummate desire	Aesthetic disorganization	Challenge of routine	Social condemnation and moral expulsion	honored Being unable to move; being locked away and humiliated	Expulsion from Paradise	Loss of lucidity; the other enjoys objective cognition	Asthenia
Final state	Shared harmony  Lasting feeling of disgust	Adventure Pessimistic routine	Moral peace  Moral torment	Evocation of heroic past or Return to lasting peace Lasting resentment	Vale of tears  Recovery of Paradise		Balance of tensions with no energy loss  Lasting tension or asthenia

Table II: Grid of phrase-structures

LI	Grid of phras	O2	A1	A2	UPH	GPH
banality and	abstract	lament: "I	offense,	proverbs,	popular	praise: "how
inconsistency	deduction	could have been, but" "I should have been but"	blasphemy and imprecation	verdicts and maxims	proverbs	nice"
Flattery	metaphysical and mystic thinking	complaints and reproaches	curse: "i wish you would die", etc.	religious and ritualized invocations	premonitions and omens	congratulations
references to state of things (weight/volume/ quantity/thick- ness/deteriora- tion)	denial that creates a logical contradiction in response to the other's statement	request and begging	slander, detracting and defamation	quotations	give or ask for advice	toast and celebration
hyper-realism	logical paradoxes	asking of forgiveness and excuses	accusation and denunciation	information of facts	crutch words (eeh, you know) as a sign that the channel is occupied by the emitting	promise
accounts	metalanguage (talking about language) or equivalent (talking about films, books, etc.)	condolence or commisera- tion	confessions of doing something against the law or moral precepts	description of concrete situations	warnings "be careful, because"	imitation
catharsis	clue phrase	compassion and self compassion	incitement	conditional imperative "ifthen", "no because"	questions and statements about spatial or temporal localization	dedicatory
forcing into the alien discourse		demand of love, recognition and emotional approval	distortion	public oath and imposition of obligations	disoriented sentences	appeal to the listener
interruptions because of sound languishing	definition	affective manipulation	abusive orders to do something opposed to the general law	contract	maintaining the orientation	showing a wish: "i want to talk about this"
references to body state and processes	references on disturbed states of the own body	appeasing submission	threats	orders, indications according with general law	disorientated sentences	private oath: "i swear to you"
		empathic understandi ng	intrusive interruption	asking for a permission	interruptions of the other person's or the subject's own discourse	dramatization
		exaltation of sacrifice	power show off	valuation judgments and critical,	phrases in suspense	Emphasis and exaggeration

Г	T		linked:41-		
			linked with moral, cleanness, culture and order		
	expression of the feeling of subject's own or others' uselessness	surrender or admission of defeat	references to a consensual concrete fact	pretext	syntactic redundancy
	references to affective states	triumphal mockery	justifications of statements, words and acts	confidence	nonsense, embellishment, fantasy lightness
	references to states of things (weather, objects, aging)	boasting	clarifications: "that is, i mean"	gossip	comparison between qualities: beauty, pleasantness
	references to doing an action		classification	ambiguity and avoidance	metaphoric comparison
	interruptions (to swallow a word or syllable) or interrupting other person because of impatient feelings		distributive arguments: "each", "neither nor"	greetings and other ways to make contact	question: how
			confirmation (or rectification) of other's opinion or asking for confirmation or rectification of subject's own opinion (consulting)	cautious approach	causal relation in which the factor determining an effort is to increase a quality (so beautiful that)
			syntactic rectification	accompanying the other person's discourse (m- hm, aha)	exemplification
			correcting the subject's own or others' phrases	minimizers: "a little scared"	play on words
			ordering: on the one hand, on the other hand, in the first place, in		equation between quantities of qualities: the more the less

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	Abbreviations	
	what is it?	
	what	
	happens? why?	
	why?	

Table III: Erotogenicities and movements's program

Erotogenicity	IL	01	O2	A1	A2	UPH	GPH
Movements	Tending to	Tendency to	Tending to	Tending to	Tending to	Tending to	Tending to an
	inner	the extraction	express	vengeance	grasp and	penetrate	aesthetic
	alteration	of an	affects	on the	dominate the		totality (i.e.
	(i.e., self-	essence (or		other	object		waving
	soothing	liquid), or of					movements)
	procedures)	an abstract					
		clue (fingers,					
		tongue, eyes)					

Table IV. Overview of the steps in research of the main defenses

Problem	Procedure			
1. To decide which defense	Detecting which is the dominant language			
prevails				
	Detecting whether the language contained			
defense is repression,	in the scene narrated harmonizes with the			
disavowal, foreclosure or	context			
creativity / sublimation				
3. To decide whether the				
	dominates the others, or uses them and			
or foreclosure) is functional or	becomes hypertrophied			
pathological				
4. To decide whether the	Detecting the position of the narrator and			
pathological defense is failed,	the prevalence of actions or states			
successful or both				